



NORTHERN KENTUCKY
INDEPENDENT DISTRICT
HEALTH DEPARTMENT

Population Health Forum
Friedell Committee Fall Meeting
October 24, 2016

A Culture of Health in NKY:

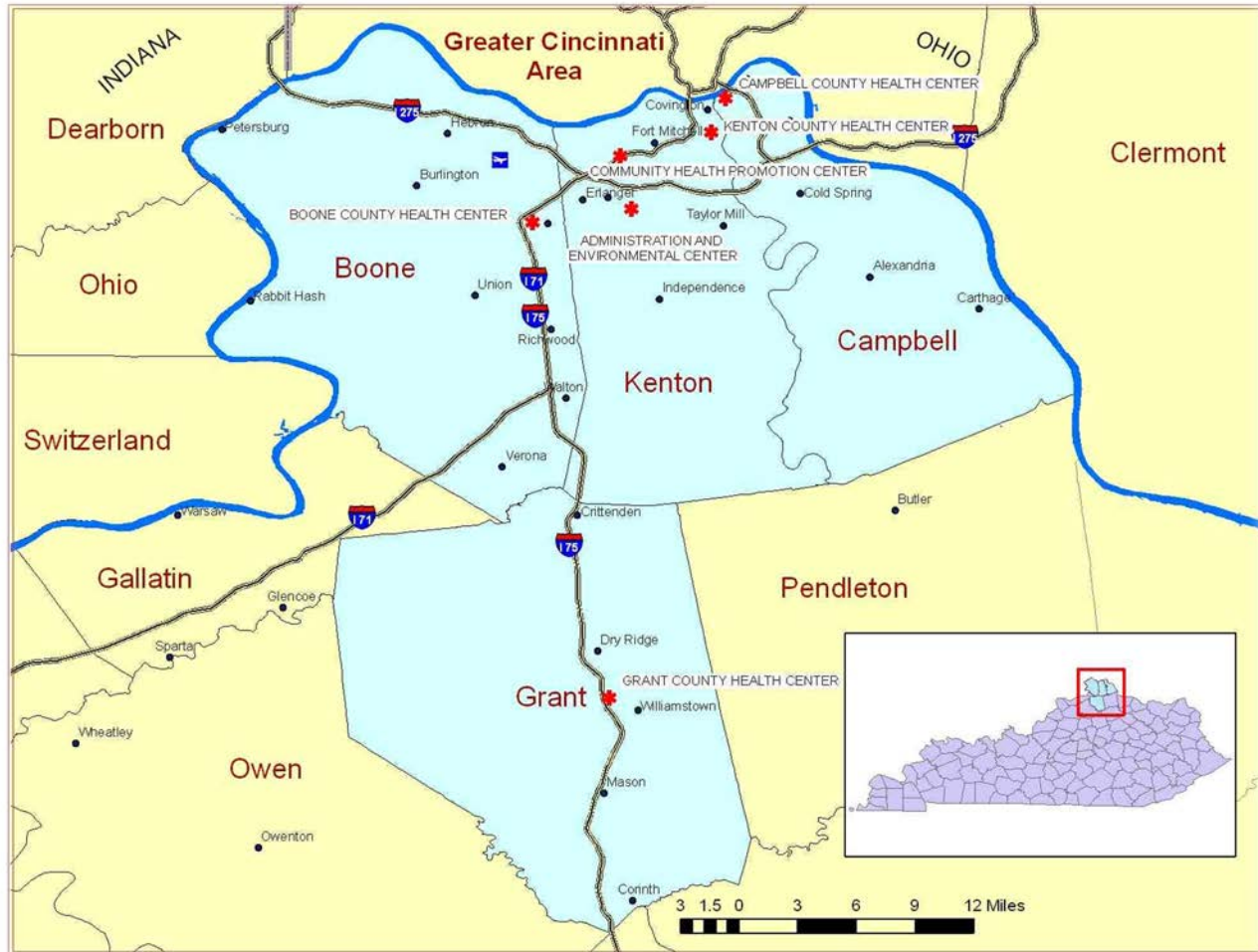
Thriving People – Healthy Lifestyles – Vibrant Communities

Lynne Saddler, MD, MPH
District Director of Health



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The Great Convergence

- CHA/CHIP needed to be completed in 2015
- Chief Health Strategist
- QI Process on CHIP implementation
- Organizing for Success



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Key Partners



Visioning



OVERARCHING GOALS FOR HEALTH IN OUR REGION

By 2020, **95%** of the community will report having a usual place to go for medical care.

By 2020, **70%** of the community will report having excellent or very good health.



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MAPP Assessments

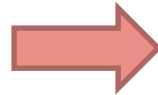
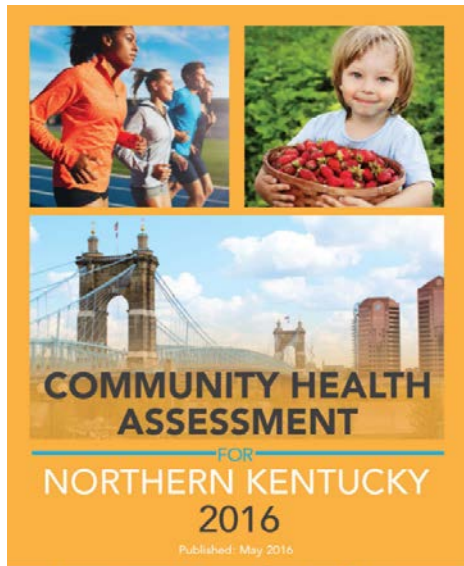
- **Community Health Status** – United Way/The Health Collaborative, St. Elizabeth Healthcare, NKY Health Department
- **Local Public Health System**– NKY Health Department
- **Community Themes and Strengths** – Skyward
- **Forces of Change** – NKY Chamber of Commerce



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Community Health Assessment (CHA)



PRIORITY HEALTH ISSUE
Healthy Behaviors

- Good Nutrition
- Active Living
- Tobacco-Free Living

PRIORITY HEALTH ISSUE
Health Care Capacity, Access and Delivery

- Health Care Coverage
- Medical Homes
- Heart Care
- Behavioral Health

PRIORITY HEALTH ISSUE
Changes in Policies, Systems & the Environment

- Health Workforce Transformation
- Aligned Advocacy Agendas

PRIORITY HEALTH OUTCOMES

IMPACT ■ Obesity ■ Heart Disease ■ Substance Use Disorders



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Community Health Improvement Plan (CHIP)

SUMMARY OF PRIORITY HEALTH GOALS

Priority Health Issue: Healthy Behaviors

GOAL 1: People in Northern Kentucky will make healthier food and drink choices.

GOAL 2: More people in Northern Kentucky will engage in daily physical activity.

GOAL 3: Fewer people in Northern Kentucky will use tobacco products.

Priority Health Issue: Health Care Capacity, Access & Delivery

GOAL 4: All eligible people in Northern Kentucky will have health care coverage.

GOAL 5: All people in Northern Kentucky will have a usual, appropriate place to obtain medical care.

GOAL 6: More people in Northern Kentucky will have healthy hearts.

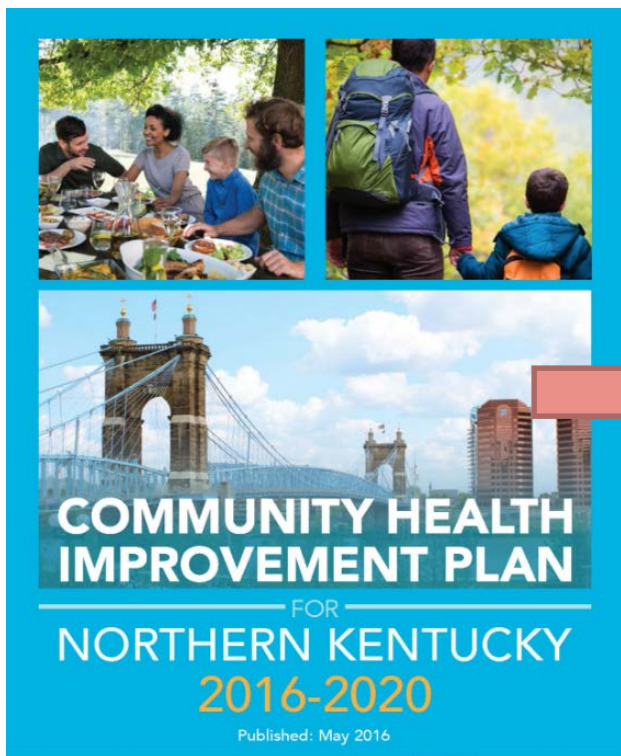
GOAL 7: More people in Northern Kentucky will be mentally healthy.

GOAL 8: Fewer people in Northern Kentucky will suffer from substance use disorders.

Priority Health Issue: Changes In Policies, Systems & The Environment

GOAL 9: Northern Kentucky will increase its capacity of the health workforce to use data and best practices to drive improvements in the population's health.

GOAL 10: Northern Kentucky leaders will speak to policymakers with a shared voice on priority health issues.



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Action Cycle

Examples of
first 9 months
of Implementation



visit www.LiveWellNKY.org

Northern Kentucky's
Collective Response
To the Heroin
Epidemic

Our Plan for
Reduced Mortality &

**HEROIN IMPACT
RESPONSE**
Northern Kentucky | Task Force



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Lessons Learned

- Tap into the resources of your community.
- A plan is just that – a plan.
- Invest in each others efforts to create win-win situations.
- Integrate work into agency strategic plans and operational plans.
- Action takes longer than anticipated.
- Results take even longer.
- Capacity building should impact health outcomes.



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Challenges

- Facilitating and collaborating vs. Controlling
- Progress on various strategies occurs at different rates
- Competition of health care systems
- Differing motivations, perceptions, and needs
- Resources, resources, resources
- Cross jurisdictional work
- Support for policy change



Links

NKY CHA/CHIP –NKY Health Department
<http://nkyhealth.org/Services/Planning.aspx>

myNKY Plan & LiveWellNKY- Skyward
<http://www.skywardnky.org/planning-a-great-region/areas-of-focus/>
http://www.skywardnky.org/wp-content/uploads/SKY_LiveWellNKY-Flyer_Framework_Final.pdf

CHNA - St. Elizabeth Healthcare
<https://www.stelizabeth.com/Resources/CommunityBenefits/Documents/2015/CHNA%20Plan%202016%20-2018%20Report%20Edgewood%20Finalized.pdf>

Gen-H – The Health Collaborative
<http://genh.healthcollab.org/>

Community Bold Goals – United Way of Greater Cincinnati
<http://www.uwgc.org/community-impact/bold-goals-for-our-region>

NKY Chamber of Commerce
<http://www.nkychamber.com/>



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